

## PDIS - KINDERGARTEN

### From the desk of CEO:

Dear Parents,

We have now successfully entered into the seventh academic year and are delighted to introduce this first edition of PDIS HAPPENINGS for the academic year 2019-20. We have enjoyed a wonderful start to the new academic year. The major attractions of the month were plantation of trees and doctors day card activity. I am also amazed to see the way these young children prepared for their 1st Talent Hunt Activity i.e. Rhyme Zone. This year I have planned many such exciting activities for the students. I strongly feel that as parents and educators, it is our job to provide students with the best possible tools and skills for lifelong learning and success.

Thank you,

Dr. Vidya Ramgopal

### Tulips ( Jr. KG)

COUNSELOR'S COLUMN	HEALTH TIPS	UPCOMING CELEBRATIONS
<p><b>Habit disorder.</b></p> <p>A habit is a learned behavior that a person repeats so often that he or she begins to do it without even thinking about it. Certain habits can be helpful as they have some purpose, like the habit of washing your hands before having food.</p> <p>Other habits may seem to serve no particular purpose, like hair twirling. These habits often are built unknowingly. They can include behavior like thumb sucking; nail biting, or chewing on the end of a pencil. Such habits may begin as self-soothing forms of behavior and may help relieve stress. But often, long after the need for that type of soothing is generalized and the learned habit continues. Some habits are annoying, and some can cause distress or become the focus of teasing; it is called habit disorder.</p>	<p><b>PRECAUTION TO BE TAKEN IN RAINY SEASON FOR CHILDREN</b></p> <ol style="list-style-type: none"> <li>1) Take bath after getting wet in the rain so that the germs don't cause infection.</li> <li>2) Use boiled and/or filtered water for drinking.</li> <li>3) Take healthy food which is rich in vitamin C.</li> <li>4) Don't eat raw vegetable and pre-cut fruit. Wash all fruits and vegetables with a teaspoon of salt and water before use.</li> <li>5) Keep your house and surrounding clean and empty the water container or cover them to avoid mosquito breeding.</li> <li>6) Wash your hands with soap and water properly.</li> <li>7) Trim nails on time and avoid the habit of nail biting.</li> <li>8) Avoid being outside for long hours during monsoon.</li> </ol>	<p><b>7<sup>th</sup> August</b> –Talent Hunt 2- (Shloka Recitation).</p> <p><b>21<sup>st</sup> August</b> –Talent Hunt 3- Little Artist (Drawing Competition) (Nursery, JR. KG. &amp; SR.KG)</p> <p><b>23<sup>rd</sup> August</b> – Dahi Handi Celebration. (Children have to come in Traditional attire).</p> <p><b><u>Important Dates to Remember :</u></b></p> <p><b>20<sup>th</sup> August</b> – Field Trip 1- Nursery, Jr.KG and Sr.KG.</p> <p>Please refer school <b>almanac (diary) page number 58</b> for all the celebrations, events. and Talent Hunt activities.</p>

## SCHOOL SYLLABUS FOR THE MONTH OF JUNE AND JULY 2019.

### NUMERACY

- Identification and counting numbers (1 to 10).
- Number writing 1 to 10.
- Pre-mathematical concept: Big & Small, Tall & Short.
- Shapes: Circle, Semicircle and Square.
- Math's workbook pg. no.4, 5, 14, 15, 22 to 31.
- Number names oral ONE to TEN.
- Numbers oral 1 to 30.

### COMMUNICATION, LANGUAGE AND LITERACY

#### Reading skill:

- Recognizing Alphabets 'Aa' to 'Jj' with related vocabulary and phonetic sounds.

#### Writing skill:

- Tracing and writing of Patterns: Standing line, sleeping line, slanting line.
- Writing Uppercase letters A,B,C,D,E,F,G,H,I,J.
- Alphabet book.pg. No. 4 to 15.

### PHYSICAL DEVELOPMENT

- Mass P.E Exercises.
- Basic Body strengthening exercises.
- Frog jump.
- Zig Zag walking and running.
- Jumping over hurdles.
- Camel walk.
- Crawling race.
- Kicking the ball.

### PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT

- Sharing and caring
- Importance of Friends & family
- Respecting elders
- Good manners.
- Health Talk 1- Personal Hygiene.
- Myself -Conversation.

### KNOWLEDGE AND UNDERSTANDING OF THE WORLD

- **FRIENDSHIP**- Learn how to make friends and characteristics of good friends.
- **FAMILY**- Importance of family. Differentiate between Joint family and Nuclear family. Role of family members.
- **FRUITS**: Common fruits, one seed, many seeds, few seeds, uses of fruits.
- **STORY** - "The Ant and the Pigeon". "The lion and the mouse".

### CREATIVE DEVELOPMENT

#### **Art & Craft**

- Colouring the picture of Banana, watermelon and apple.
- Coloring picture of Junk food.
- Craft: Paper fold with Origami paper.

#### **Music**

- Rhymes in tune and rhythm (God's love, Twinkle Twinkle, Daddy Finger,)

#### **Dance**

- Basic dance steps
- Basic facial expression
- Basic body movements

### FRUITS:

#### **Common Fruits:**

Apple, Mango, Pineapple, Kiwi, Custard apple, Sweet lime, Orange, Chickoo, Banana, Melon, Papaya, Pine apple, Strawberry etc.

#### **Fruits with one seed:**

Mango, Litchi, Plum, Cherry and Peach.

#### **Fruits with many seeds:**

Papaya, Watermelon, Custard apple, Guava, Pomegranate.

#### **Fruits with few seeds:**

Apple, Chickoo, Orange, Sweet lime.

#### **Fruits we peel and eat:**

Banana, Orange, Sweet lime, Pineapple, Kiwi.

#### **Fruits which we eat with skin:**

Apple, Chickoo, Strawberry, Cherry, Grapes.

#### **Uses of Fruits:**

Ice-cream, Cake, Juice, Jam, Jelly, Fruit salad.

